

*Grind*

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ESCAPE FROM YOUR DAILY GRIND

# All Day Brunch

## RAISIN TOAST

4.5

two slices w butter

## TOAST

4

two slices w butter and your choice of honey, jam or vegemite

## BACON EGG BURGER

9

grilled bacon, fried egg, cheese onion and BBQ sauce

## AVOCADO SMASH

14.9

w semidried tomatoes and feta on sourdough

## BACON AND EGGS ON TOAST

9.9

grilled bacon, two fried eggs and two slices of toast

## GRIND BIG BREAKFAST

16.9

your choice of fried, poached or scrambled eggs w bacon, mushrooms, hash brown, sausage, tomato on toast and a cup of coffee of your choice

## EGGS BENEDICT

15

poached eggs and hollandaise sauce on a toasted muffin w spinach

w salmon

18

w ham

16

## BUTTERMILK PANCAKES

9.9

w today's toppings

## CHEESE & CORN FRITTERS

12.9

avocado salsa chilli jam (GF) (V)

(V) VEGETARIAN

(GF) GLUTEN FRIENDLY

# Signature Sandwich Selection

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## BLT

bacon, lettuce, tomato

13.9

## NEW YORK CLUB

turkey, bacon, fried egg, lettuce, tomato and mayonnaise

15.9

## CHICKEN, AVOCADO & BRIE

w chilli mayonnaise

15.9

## SMOKED SALMON AND CREAM CHEESE CUBAN

silverside, swiss cheese, dill pickles

15.9

## GOURMET STEAK SANDWICH

tender eye fillet steak w tomato, lettuce, mild mustard sauce and caramelised onion relish

16.9

# Sour Dough Melts

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8.9

## ROYAL

chicken, swiss cheese and avocado

## TROPICAL

swiss cheese, sliced pineapple and leg ham

## SICILY (V)

grilled eggplant, sweet potato, artichoke, mushrooms, semi dried tomato, swiss cheese

## TRADITIONAL

ham, cheese, mustard



VEGETARIAN



GLUTEN FRIENDLY

# Grind Favourites

## **BATTERED FISH AND CHIPS** **13.9**

battered fish and chips w garden salad, lemon and house tartare sauce

## **NACHOS** **14**

w chilli corn carne, tomato salsa, sour cream, guacamole and cheese

w bean mix tomato salsa, sour cream, guacamole and cheese (GF) (V)

## **GRILLED CHICKEN SALAD** **13.9**

grilled chicken tenders, roast pumpkin, feta cheese, toasted cashews and basil pesto

## **SALT AND PEPPER SQUID** **13.9**

served w garden salad lemon and house tartare sauce

## **BOWL OF BEER BATTERED WEDGES** **5.9**

w sweet chilli and sour cream

## **SWEET POTATO WEDGES** **5.9**

w garlic aioli

# Grind Favourites

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## **THAI GREEN CHICKEN CURRY** **16.9**

chicken thigh local vegetables bound  
w fragrant coconut green curry sauce,  
served w jasmine rice

## **SATAY CHICKEN SKEWERS** **13.9**

w peanut dipping sauce and  
fragrant jasmine rice

## **THE GRIND BURGER** **16.9**

180gram patty, mayonnaise, lettuce,  
tomato, carrot, onion relish and gherkins

## **GRILLED HALOUMI BURGER** **14.9**

haloumi cheese, grilled eggplant,  
sweet semi dried tomato (V)

## **CHEFS LASAGNE** **15.9**

served w chips salad

## **OUR FAMOUS PIES & SAUSAGE ROLLS** **FROM 6.1**

## **HOMEMADE QUICHE OF THE DAY** **6.1**

served w salad

# Pizza

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**13.9**

**GF** AVAILABLE

**PEPPERONI SAUSAGE**

pepperoni, sausage & parmesan

**IRONBARK PUMPKIN**

Danish feta, olives & toasted almonds **V**

**MARGHERITA**

fresh tomato, torn basil & buffalo mozzarella **V**

**HAM & CHEESE**

smoked leg ham, fresh herbs & mozzarella

**BBQ CHICKEN**

BBQ sauce, onion, roast chicken, mushrooms,  
bacon & pineapple

# Toasted Sandwiches

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**6.9**

**HAM, CHEDDAR CHEESE AND TOMATO**

**HAM, CHEESE, PINEAPPLE**

**TOMATO AND CHEESE**

**EGG AND BACON**

**ROAST CHICKEN, SWISS CHEESE  
AND MAYONNAISE**

**V** VEGETARIAN

**GF** GLUTEN FRIENDLY

# Hot Drinks

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<b>CAPPUCCINO, FLAT WHITE OR LATTE</b>		
	<b>CUP</b>	<b>4.2</b>
	<b>MUG</b>	<b>4.7</b>
<b>HOT CHOCOLATE CHAI OR MOCHA</b>		
	<b>CUP</b>	<b>4.2</b>
	<b>MUG</b>	<b>4.7</b>
<b>TEA</b>		<b>4.2</b>

# Cold Drinks

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<b>ICED CHOCOLATE</b>	<b>6.9</b>
<b>ICED COFFEE</b>	<b>6.9</b>
<b>MILKSHAKE</b>	<b>4.9</b>
<b>THICKSHAKE</b>	<b>6.5</b>
<b>SMOOTHIES</b>	<b>6</b>
<b>ASSORTED FUZE ICED TEA</b>	<b>5</b>
<b>ASSORTED KERRI JUICE</b>	<b>3.6</b>
<b>ASSORTED COCO-COLA &amp; CASCADE SOFT DRINKS</b>	<b>4</b>

NON-MEMBERS ATTRACT A SURCHARGE  
ON DISPLAYED PRICES.

# Grind

## OPENING HOURS

SUNDAY - THURSDAY 9:30AM - 10:30PM

FRIDAY - SATURDAY 9:30AM - 12:30PM

  
NORTHS